

TRUSTING GOD

With the Future

ONE DAY AT A TIME

You do not have to carry tomorrow today.
You can trust God *one day at a time.*

SCRIPTURE TO HOLD

“Trust in the Lord with all your heart, and do not rely on your own understanding; in all your ways know him, and he will make your paths straight.”

PROVERBS 3:5-6





SCRIPTURE TO REST IN

“Therefore don’t worry about tomorrow, because tomorrow will worry about itself. Each day has enough trouble of its own.”

MATTHEW 6:34



TRUTHS TO CARRY

-  I do not have to understand everything.
-  I can trust Him *one day at a time.*

A PRAYER FOR TODAY

Father, I don’t know what tomorrow holds, but You do. Help me release the pressure to figure everything out and trust You with what’s ahead. Help me stay present today and walk with You one step at a time. In Jesus’ name, amen.



REFLECTION

What worries about the future am I carrying today?

What is God inviting me to release to Him?

What is one step I can take today to trust Him one day at a time?

“Fear always wants us to live in the future.
But *peace* brings us back to today.”

