

A decorative purple banner with a wavy, ribbon-like shape, adorned with several purple flowers and green leaves. The banner is the central focus of the top section of the page.

# Rooted + Rested Reflection

Episode 8: Pouring Out What's Most Precious

## Scripture Focus

Six days before the Passover, Jesus came to Bethany where Lazarus was, the one Jesus had raised from the dead. So they gave a dinner for Him there; Martha was serving them, and Lazarus was one of those reclining at the table with Him.

Then Mary took a pound of perfume, pure and expensive nard, anointed Jesus's feet, and wiped His feet with her hair. So the house was filled with the fragrance of the perfume.

– John 12:1-3

## Devotional Thought

Mary's act of worship was costly and extravagant. She poured out what was most precious—her perfume, her time, and her heart—on Jesus. Her surrender filled the house with fragrance and challenged those around her to consider what they were holding back. Worship isn't just words; it's an act of giving our best to Jesus with love and abandon.

# Reflection Questions

- What's the "perfume" in your life that you've been hesitant to pour out?
- In what areas might God be inviting you to worship Him with greater abandon?
- How do you respond to criticism or doubt when you choose to live out your faith boldly?
- What can you learn from Judas's words about guarding your heart's motives?
- How can you make your daily worship an intentional act of surrender, like Mary's?

## Prayer

Jesus, help me worship You with a full and open heart. Teach me to give You my best and to pour out my love freely, without fear or reservation. May my life be a fragrant offering to You, filled with surrender and grace. In Jesus' name, Amen.

