

Rooted + Rested Reflection

Episode 7: Faith in the Drizzle

Scripture Focus

Luke 16:10 (CSB)

"Whoever is faithful in very little is also faithful in much..."

Colossians 3:23 (CSB)

"Whatever you do, do it from the heart, as something done for the Lord and not for people."

- When have you felt like your obedience was quiet, unnoticed, or unglamorous?
- What was the outcome—or what is the Lord teaching you through it?
- What is your current "drizzle" moment?
 - Something that needs done, but doesn't feel deeply spiritual or inspiring?
- What would it look like to offer that ordinary task to God as an act of worship?
- How does it shift your perspective to know that God sees and values your faithfulness in the little things?

QUIET MOMENT:

- Close your eyes. Take a deep breath.
- Picture Jesus standing with you in the drizzle—present, gentle, not in a rush.
- What do you sense Him whispering over you in this season?

LAVENDER-INSPIRED SELF-CARE IDEA:

- After journaling, make yourself a cup of herbal or lavender tea.
- Let it steep slowly.
- As you sip, thank the Lord for the moments He sees—even when no one else does.

*What do you sense Him whispering over you
in this season?*

 Lisa